

20100504 (Tuesday)

Session A

- #1 A-Q
- #2 B E F M D
- #3 O C H P K
- #4 L M G J A
- #5 14 N 7
- #6 9 Q 14 (x2)
- #7 E 7 9

Session B

- #1 Q drill
- #2 F drill
- #3 cat-cat-cat-cat drill
- #4 14 N D
- #5 A G 9 Q
- #6 J 15
- #7 M 21

Session C

- #1 cat-cat-cat-cat drill
- #2 M over/under M drill
- #3 Donut sideslide donut drill
- #4 15 M G
- #5 F 21
- #6 A4
- #7 M 6

Session D

- #1 M 4 9 (x2)
- #2 D P 6 (x2)
- #3 E 21 14 (x2)
- #4 B 7 15 (x2)